

LDL EMPOWERMENT GROUP, LLC

**A Personal Development and
Training Agency**

SPONSORSHIP/SUPPORTER OPPORTUNITIES

Prepared By
Lakita D. Long



ABOUT US

LDL Empowerment Group, LLC is a culmination of 25 years of empowering, consulting and training people to become transformational in leadership and personal development while increasing their mental health stamina. LDL Empowerment Group helps to power *I Speak Life Broadcast, Walk It Off Girl, and Mental Health in The Church (MHIC)*. Each of these combine touch at least 12K people's lives every year.

Lakita D. Long is the CEO of LDL Empowerment Group, a training and consulting firm focused on personal development, leadership and equity in behavioral health. Lakita is Spiritually wired to motivate and psychologically inspired to impact people's life by encouraging, empowering and inspiring them to Think Outloud living life on Purpose. Although her vision is enormous it is singularly focused on people being better from the inside out. Her connection in understanding people from all backgrounds, makes the work so much easier, and her collaborations with other networks makes it possible.

SPONSORSHIP LEVELS

YOUR SUPPORT

Your support is necessary as we can not do the things we desire on our own. There is additional staff we need to bring on, upgrade equipment, expand technology, optimize websites, and create apps while automating all of it. You will have the opportunity to be apart of something awesome. Changing lives and making them better. The support is **recurring every month for at least 6 months** and can be stopped anytime you ask.

INDIVIDUAL SUPPORTER

\$10

I SUPPORT U

\$10-\$20 INDIVIDUAL SUPPORTERS HAVE ACCESS TO MOTIVATIONAL TEXT, I SPEAK LIFE LIVES, FREE DIGITAL DOWNLOADS AND 1 (15 MIN) BRIEF CONSULTATION

\$20

KEEP GOING

\$30

YOU GOT THIS

\$30-\$50 INDIVIDUAL SUPPORTERS HAVE ACCESS TO MOTIVATIONAL TEXT, I SPEAK LIFE LIVES, FREE DIGITAL DOWNLOADS, WIOG CHALLENGES WITH 1 (15 MIN COACHING)

\$50

I'M COMMITTED

\$75

DO IT BIG

\$75 INDIVIDUAL SUPPORTERS HAVE ACCESS TO ALL THE STUFF, INCLUDING :1 MASTER CLASS PER MONTH COURSE FROM INSTITUTE, 1 (30 MIN COACHING)

ORGANIZATIONAL SUPPORTER

\$100

WE SUPPORT U

\$100-\$150 ORGANIZATIONAL SUPPORTERS HAVE ACCESS TO I SPEAK LIFE VIRTUAL LIVES, FREE DIGITAL DOWNLOADS AND 1 (15 MIN) BRIEF CONSULTATION

\$150

DON'T STOP

\$250

HANDLE IT

\$250-\$350 ORGANIZATIONAL SUPPORTERS HAVE ACCESS TO I SPEAK LIFE VIRTUAL LIVES, FREE DIGITAL DOWNLOADS AND 1 (15 MIN) BRIEF CONSULTATION

\$350

WE ARE COMMITTED

\$500

GO BIG

\$500 ORGANIZATIONAL SUPPORTERS HAVE ACCESS TO HOSTING IN-PERSON MHIC/I SPEAK LIFE EVENT, FREE DIGITAL DOWNLOADS, 1 HOUR SEMINAR AND 1 (1 HOUR) BRIEF CONSULTATION, MHIC BLUEPRINT

SPONSORSHIP LEVELS

YOUR SUPPORT

Your support is necessary as we can not do the things we desire on our own. There is additional staff we need to bring on, upgrade equipment, expand technology, optimize websites, and create apps while automating all of it. You will have the opportunity to be apart of something awesome. Changing lives and making them better. The support is **recurring every month for at least 6 months** and can be stopped anytime you ask.

INDIVIDUAL SUPPORTER

\$10

I SUPPORT U

\$10-\$20 INDIVIDUAL SUPPORTERS HAVE ACCESS TO MOTIVATIONAL TEXT, I SPEAK LIFE LIVES, FREE DIGITAL DOWNLOADS AND 1 (15 MIN) BRIEF CONSULTATION

\$20

KEEP GOING

\$30

YOU GOT THIS

\$30-\$50 INDIVIDUAL SUPPORTERS HAVE ACCESS TO MOTIVATIONAL TEXT, I SPEAK LIFE LIVES, FREE DIGITAL DOWNLOADS, WIOG CHALLENGES WITH 1 (15 MIN COACHING)

\$50

I'M COMMITTED

\$75

DO IT BIG

\$75 INDIVIDUAL SUPPORTERS HAVE ACCESS TO ALL THE STUFF, INCLUDING :1 MASTER CLASS PER MONTH COURSE FROM INSTITUTE, 1 (30 MIN COACHING)

ORGANIZATIONAL SUPPORT

\$100

WE SUPPORT U

\$100-\$150 ORGANIZATIONAL SUPPORTERS HAVE ACCESS TO I SPEAK LIFE VIRTUAL LIVES, FREE DIGITAL DOWNLOADS AND 1 (15 MIN) BRIEF CONSULTATION

\$150

DON'T STOP

\$250

HANDLE IT

\$250-\$350 ORGANIZATIONAL SUPPORTERS HAVE ACCESS TO I SPEAK LIFE VIRTUAL LIVES, FREE DIGITAL DOWNLOADS AND 1 (15 MIN) BRIEF CONSULTATION

\$350

WE ARE COMMITTED

\$500

GO BIG

\$500 ORGANIZATIONAL SUPPORTERS HAVE ACCESS TO HOSTING IN-PERSON MHIC/I SPEAK LIFE EVENT, FREE DIGITAL DOWNLOADS, 1 HOUR SEMINAR AND 1 (1 HOUR) BRIEF CONSULTATION, MHIC BLUEPRINT

WHAT WE DO ?

LIVE BROADCAST



Through our I Speak Life Broadcast in less than 1 year we use the medium of Facebook, and Youtube to provide hundreds of listeners weekly with relevant topical subjects geared towards empowerment, mental and spiritual development. We have done more than 300 episodes, and would like to make it a Podcast.

WELLNESS CHALLENGES



Since 2009, we have been doing Walk It Off Girl Challenges, but in July 2020, the Pandemic made it possible to work with more than 3500 people have gone through the challenge to get rid of the weight. We want to create continuous free to low cost challenges for those who really need to get rid of the weight.

MENTAL HEALTH IN THE CHURC (MHIC)



We are currently impacting more than 5000 people per year online and in person, but we must do more to eradicate the shame of mental health in the Faith Based Community. We provide conferences, seminars, training resources, and digital products for the Faith Based Community.

OUR DESIRE/NEED FOR EXPANSION

The need now is to expand in these three areas all being powered by LDL Empowerment Group and lodged within our LDL Empowerment Institute (our Learning Hub). We can not do the expansion without the help of those who benefit or believe in what we are trying to do. After several meetings with people who support the work that I do, they suggested that I give others an opportunity to be apart of the bigger vision. Together we can do this.

Each area is what we have a desire to do for the next 7 months, and will need your help to get us there. We have websites, graphic designs, technology and personnel costs, and your help is needed.



WITHIN THE NEXT 7 MONTHS WE WOULD LIKE TO DO THE FOLLOWING:

- TO START A PODCAST BRAND
- GET BETTER CAMERAS
- HAVE AT LEAST 500 PEOPLE RECEIVE AND WEAR I SPEAK LIFE SHIRTS
- 3 LIVE IN-PERSON MASTER CLASSES FOR THE COMMUNITY (DATES ARE ALREADY SELECTED: (JUNE 23, JULY 21 AND SEPT 23)



WITHIN THE NEXT 7 MONTHS WE WOULD LIKE TO DO THE FOLLOWING:


- HAVE AT LEAST 2 FREE 30 DAY CHALLENGES FOR (ADULT WOMEN)
- HAVE AT LEAST 2 FREE 30 DAY CHALLENGES FOR GIRLS AGES 11-17
- HOST 1/2 DAY SEMINAR "WHY MY HEALTH MATTERS" IN PERSON FOR LOW COST



WITHIN THE NEXT 7 MONTHS WE WOULD LIKE TO DO THE FOLLOWING:

- MENTAL HEALTH CONFERENCE ON OCT.22 FOR YOUTH/YOUNG ADULTS
- CREATE VOLUNTEER BASE
- PROVIDE PEER TO PEER YOUTH TRAINING FOR YOUTH TALK OUT AND HIRE 2 YOUTH TO RUN PROGRAM)

CONTACT **US**

 925-238-8711

 925-457-8295

 lakita@lakitalong.org

 www.lidlempowermentgroup.com
www.mhicnow.org

*Thank
You*

